

# Avera vCNE Ambulatory Care Series: Chronic Back Pain

*Presented by: John Franco, MD*

**\*\*\*An e-learning course available on the CE Portal\*\*\***

**PROGRAM GOAL:** This educational activity is part of the Avera Virtual Continuing Nursing Education (vCNE) Series. The vCNE Series is specially designed to update participants on hot topics, evidence based practice and Avera's current strategic initiatives. This session covers general information on chronic back pain.

**TARGET AUDIENCE:** Nurses and Medical Assistants

**OBJECTIVES:**

1. Recognize resources and referral options for the patient with chronic back pain.
2. Discuss the use of complementary and alternative modalities for the treatment of low back pain.
3. Review the available oral pharmacotherapies for the treatment of low back pain.
4. Describe the clinical course of low back pain.

To successfully complete this activity and receive **1.0 CNE and or 1.0 AAMA** you must:

- a. **View the attached video**
- b. **Complete the attestation**
- c. **Complete the evaluation**

Avera is an Approved Provider of continuing nursing education by the Alabama State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. A total of **1.0** contact hours can be received upon completion of this activity.

This educational activity has been approved by the American Association of Medical Assistants (AAMA) for **1.0** hours. Course completions will be sent directly to the AAMA.

**Feedback Person** for this education activity are listed below. If you have questions please contact them.

- a. Name & Email: [Robyn.ewalt@avera.org](mailto:Robyn.ewalt@avera.org)

All planning committee and presenters have no conflict of interest to disclose related to the content of this presentation.

Enduring material available from 12/01/2020 to 09/24/2021  
This course content was reviewed on **11/25/2020**.

